

Making Cranberry Pudding

Timeline: 2 days

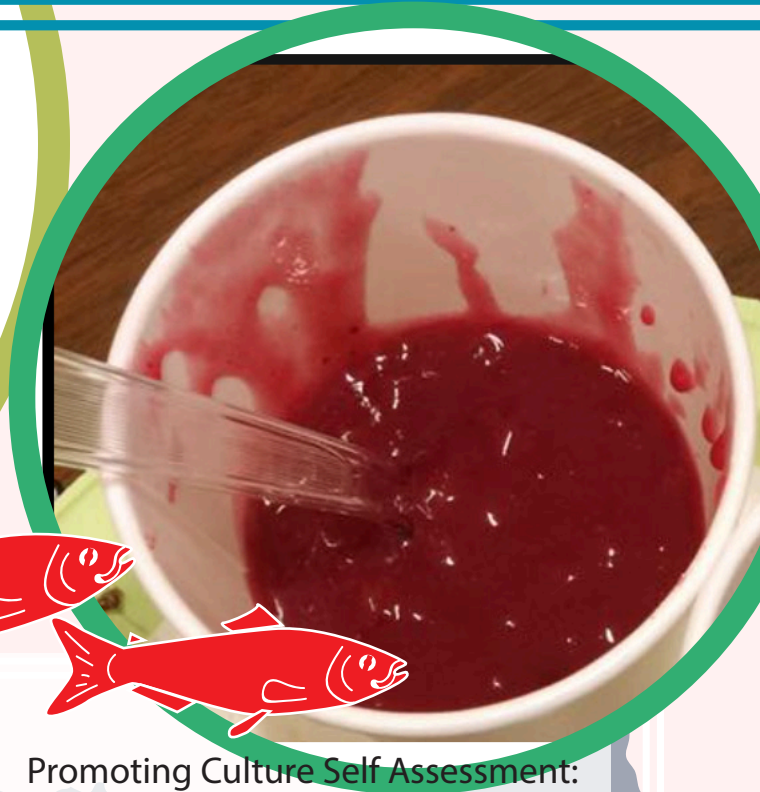
Objectives: Students learn to identify cranberries and learn how to make the traditional cranberry pudding.

Essential Questions:

- What ways can we eat cranberries? When do we pick cranberries?

Standards:

L10. Follows directions. L11. Uses expanding vocabulary. L13. Persists, attends and engages. L14. Recalls people, places, objects and experiences and makes connections. L19. Understands writing has meaning. M3. Describes and compares measurable attributes. M6. Sorts and groups objects.



Alaska Native Values:

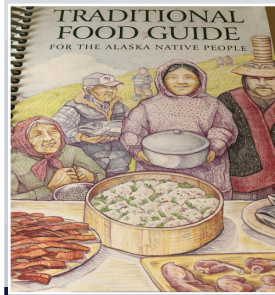
Know who you are: You are a reflection on your family. See Connections: All things are related. Have Patience: Some things cannot be rushed.

Promoting Culture Self Assessment:

- (9) I provide opportunities for children to cook or sample a variety of Alaska Native foods.
- (14) I encourage and invite parents and community members to volunteer and assist with Alaska Native language and cultural activities.

Materials:

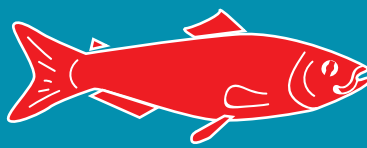
- Book, Traditional Food Guide for the Alaska Native People. Pg. 97 (Should be on site)
- | | |
|---------------------|---------------|
| Measuring Cups | Cranberries |
| Saucepan | Sugar |
| Paper cups/bowls | Mixing Spoons |
| Flour or Cornstarch | |



Center Set Up

Whole Group	Writing Center	Play Center
Set up measuring cups with berries in bowl. Have students go through to clean out any leaves or other bits of tundra in the berries.	Have students draw about a time they went berry picking. When students finish have them tell you about it as you write down their experiences.	Set up little red, blue or purple balls around the play center and have students pretend to 'pick berries.' They can practice counting berries in their buckets when finished.

Activity



Engage: Hook, Iqsak, Uqtaq, Ihshak



Engage: (Day 1) Have students gather around you. Give each student a cranberry. Ask, "What is this? Have you ever tried one? Have you ever gone cranberry picking?" Encourage and allow students to share their experiences with everyone.

Tell students "Today we are going to look for cranberries to make cranberry pudding. What color are cranberries? (dark red/maroon) They have these little green waxy leaves and grow low on the tundra. Today, we are going to go and look for cranberries to make our cranberry pudding. We have to work together to get enough cranberries to make pudding." Give each student a cup to fill with berries.

**If you don't have a place to take students to or the season is not right for the lesson, ask parents if they can bring in any berries for the activity.

Demonstrate: Go outside and show students a spot in the tundra where cranberries are growing. Demonstrate how you observe the leaves and berry and how to identify if it's a cranberry. Tell students, "Many people wait until the first frost to pick cranberries because it makes them sweeter and more flavorful."



Explore: Touch, Agturu, Agtur, Vandaniilchit

Explore: While students are picking berries, allow them to explore the tundra. Encourage students to talk about their experiences in the tundra. "Tell me about at time you went out into the tundra. Who went with you? What did you do?" Remind them to be looking for tundra tea or if they can identify any of the other plants.

Activity: (Day 2) ½ hour- Making Cranberry pudding. Invite any parents or community members to help as cooking requires multiple hands and help! Tell students, "Everyone will each have a job to make the pudding, but we have to listen, watch, and work together. Everyone will get to do something when cooking, but even if you're not doing something now, you should watch your classmates so you can learn how to make cranberry pudding. This is called patience!"

Follow recipe to make cranberry pudding together. Have students take turns measuring & counting berries. When pudding is done, provide samples for the students to try just a little to see if it's something they like. Give each student a cup to share the pudding. If there is extra, encourage students to take home to share it with an elder or family member.



Explain: Talking, Niugtuk, Qalarte, Qenax

Tell students "Cranberries are very good for us. They have lots of vitamin C and they can easily be picked from the tundra. People have been making cranberry pudding for a very long time because it's good for you and simple to make. What did we use to make the pudding?" Wait for student responses

Evaluation

Emerging:

Student does not attempt to pick berries or follow the recipe activity.

Developing:

Student picks berries but is not engaged in activity.

Proficient:

Student can identify berries they have picked and can use measuring tools with help to make pudding.

Advanced:

Student can identify several outdoor plants, uses measuring tools and shares pudding or experiences with others.

