

LET'S MAKE RUSSIAN TEA

Objectives:

Children will know: Children will learn about traditional Russian Tea.

Children will do: Children will make their own Russian Tea in the classroom.

Essential Questions:

- What is Russian Tea?
- How do we make Russian Tea?

Standards:

- L3. Listen to, enjoys, and actively participates in stories.
- L10. Follows directions.
- L14. Recalls people, places, objects and experiences and makes connections.
- L17. Engages in conversations and uses social rules of language.
- M3. Describes and compares measurable attributes.
- M4. Counts orally, counts objects, and names numerals.



Materials:

- Picture of Russian Tea Samovar
- Tea cups
- Tea Pot
- Sugar
- Tang
- Cinnamon
- Cloves
- Instant Lemon Tea
- Small Mason Jars

Center Setup:

- 1.) Set out picture of Russian Tea.
- 2.) Set out tea set and ingredients.
- 3.) Hang essential questions in center where you can read them as children play.
- 4.) Invite Elders or family members to come and have tea with the class.

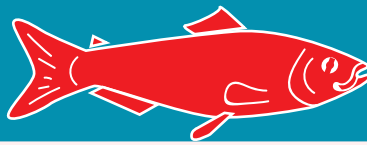
Alaska Native Values:

Show Respect to Others, Share What You Have, Honor Your Elders

Promoting Culture Self Assessment:

- I display pictures, posters and other materials that reflect the cultures and ethnic backgrounds of children and families served in my early childhood program or setting.
- I encourage and provide opportunities and experiences for children that support Alaska Native culture.
- I provide opportunities for children to cook or sample a variety of Alaska Native foods.

ACTIVITY



Engage

Start a discussion by asking open ended questions such as: "What type of tea have you had before? How did you make your tea? What ingredients did you use? Has anyone had Russian Tea before?" Show a picture of a Russian Tea Samovar. "This is what tea used to be heated and served out of. What do you serve tea out of in your home?" "Drinking tea was something we learned from the Russians, and is now a practice we do in our own homes. Tea can be made from a variety of ingredients. Sometimes we get tea already made from the store, but a long time ago, tea ingredients were collected from our local surroundings. Let's learn how to make our own Russian Tea and share it with each other."

Explore:

Activity: 10 Minutes

Note: Invite Elders or family members to come and have tea with the class.

Set out ingredients, jars, measuring cups and spoons ahead of time. Show and discuss the materials for the activity. Give each student a jar and have each student measure out loud the following into their jars: 1/3 cup Tang, 1/3 cup granulated sugar, 2tbsp instant lemon tea, 1/2 tsp cinnamon, 1/2 tsp cloves. Once each student has put the correct amount in their jar, have them close their jar and shake it to mix the ingredients. Give each student a cup. Have them measure one tablespoon of their mix into their cup. Prepare hot water. Once prepared, put hot water into a tea pot. Have students sit with their cup as you pour the hot water into their cups. Remind students that the water is very hot, and they should let it cool before they try it. Ask students "Caayuryugtuten? (Pronounced CHAI-YUR-YOO-TUHN)" which means "Do you want tea?" in Alutiiq. Remind students to be patient and sit with their tea.

Explain:

"An important part of drinking tea is taking our time and talking with one another. It is important that we share our tea with others when they come to visit." Engage students with open ended questions such as: "When was the last time you had tea with your family? What kind of tea do you and your family like? What did you talk about while you were sharing tea" "Serving tea can be a lot of fun and can help you get to know your family and friends." Encourage students to share this activity with their families.

EVALUATION

Emerging:

Student listens but does not participate.

Developing:

Student listens and participates but does not complete activity.

Proficient:

Student listens, participates, completes activity, but does not share personal story.

Advanced:

Student listens, participates, completes activity, and shares personal story with the class.

