

Lesson 3: Kicking the Ball, Practicing Taking Turns and Sharing

Objectives:

Students learn about the NYO ball and the rules that go with kicking events in NYO.

Essential Questions:

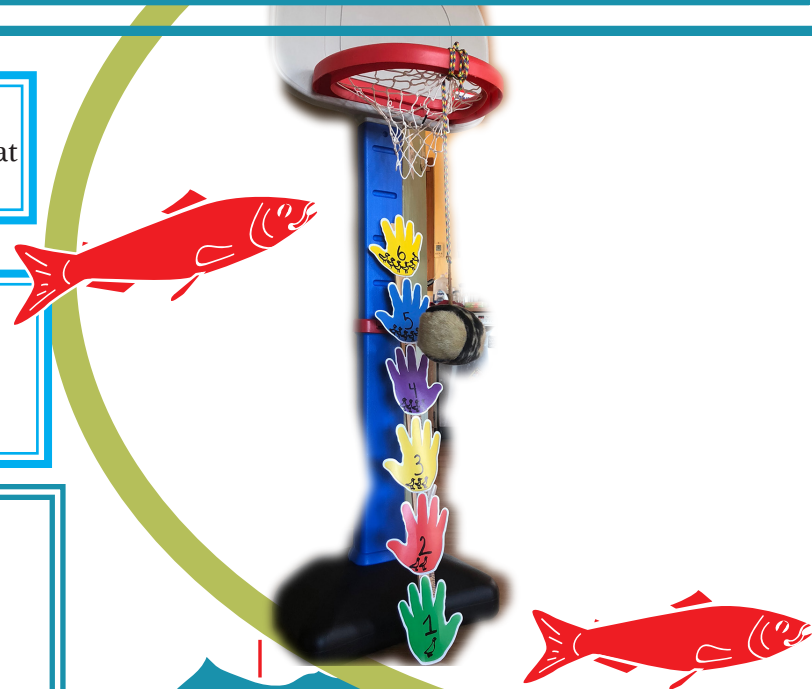
“What is respect? How do we show respect to different people (an elder, parents, teachers, friends, strangers)”

Standards:

L10. Follows directions. L13. Persists, attends and engages. M3. Describes and compares measurable attributes M4. Counts orally, counts objects, and names numerals. PSH3. Shows self-control. PSH4. Interacts with peers and makes friends. PSH8: Shows coordination in balance and movements.

Alaskan Native Values:

Show Respect to Others, Have Patience, Take Care of Others, Learn by Doing, Observing and Listening, Cooperation



Promoting Culture Self Assessment:

(2) I select props for the dramatic play/ housekeeping area that are culturally diverse including those that reflect Alaska Native culture (e.g. dolls, clothing, cooking utensils, household articles, furniture).

(4) I ensure that toys and play accessories that depict people are representative of the various cultural and ethnic groups both within my community and the society in general.

(6) I encourage and provide opportunities and experiences for children that support Alaska Native culture.

Activities & Materials

Whole Group	Art Center	Celebrations
Internet/Computer https://citci.org/partnerships-events/nyo-games/ Yard Stick- with numbered hands taped to it NYO Ball	Make your own NYO ball to take home. With an old white sock, have students decorate with markers. Show how you can roll up sock into a ball to make their own NYO ball to have at home. Tie with string or yarn to hang.	Poster of achievements: Have students help with gluing pictures of themselves doing the events. Or if no pictures were taken and printed, they could use crayons and draw on a large sheet of white butcher paper.

Activity: Kicking the Ball, Practicing Taking Turns and Sharing



Engage: Hook, Iqsak, Uqtaq, Ihshak

Engage: *“Today we are going to learn about kicking events and using the NYO ball. This ball is very special and we are going to learn the rules on how to use it when we are kicking. Watch this video and see if you can tell me things you learn while you are watching.”*

Show video demonstrating the 1-foot and 2-foot high kick.

1-foot demonstration: <https://citci.org/partnerships-events/nyo-games/competitive-events/onefoot-high-kick/>

2-foot demonstration: <https://citci.org/partnerships-events/nyo-games/competitive-events/foot-high-kick/>

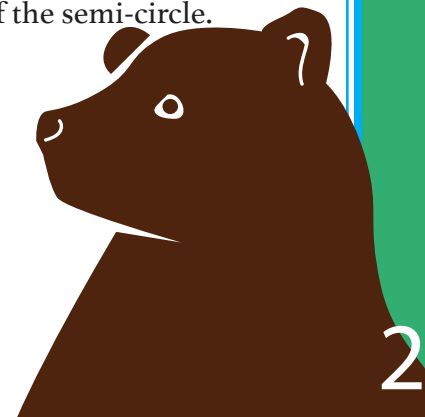
After watching ask: *“What kinds of things did you notice while watching?” Prompt questions: “How many people are kicking the ball at once? After they kicked the ball, what did you notice? Did they kick while the ball was moving?” What were the people doing around the person who was kicking?”* Show video again if it seems like students need another round of observations.

Show NYO ball to students. Explain, *“This is a very special ball made by Annette Curuso. She grew up in Levelock, Igigiuk, and now she lives in Naknek. She made this ball using seal fur and beaver so its soft when you kick it. It took a long time to make so when we use it we are very careful with it. Let’s go into the gym and we will all get into a circle around the basketball hoop and I will show you the rules of kicking and how we can measure our kicks. This is just practice and it’s the first time we’ve done this, so really watch and listen to do your best! When we get to the gym sit down in a circle around the hoop and I will pass out the ball for you to touch and look at.”*

“Here are the rules that are very important to remember when you are kicking the ball.”

1. Never kick in your socks. Either take off your socks and kick bare foot, or use your gym shoes.
2. Only one-person kicks at a time and we take turns when kicking. First the person closest to the ball goes first then it’s the next persons turn. (rotating counter clockwise)
3. When a person is kicking, everyone is showing respect by watching and being quiet. You can learn a lot from watching someone kick. Watch their hands, knees and feet and see what you notice makes a good kicker.
4. After you kick, remember to stop the ball for the person who is going to kick next. This is a sign showing respect for the next person in line.

Show how you kick the ball. First just walk up to the ball, measure your hands to the ball and just practice kicking the ball with one foot- don’t even jump from the ground. Establishing the rules is the first thing they should focus on. Stop the ball. Look to the person closest to the ball and have them practice just kicking the ball once, stopping the ball for the next person, then moving to the end of the semi-circle.





Explore: Touch, Agturu, Agtur, Vandanilchit

Explore: Have students practice going up to the ball, measure with their hands, and kick the ball (without even jumping). Start off at a low height (one 'hand' up from the ground).

Activity: When everyone has rotated through a round take the yard stick with the taped hands on it and move the ball one hand up. Then have students go through and practice kicking the ball again. Gently remind students to stop the ball after they have kicked it. Continue to move the ball up one hand higher until you have reached the fifth hand.



Explain: Talking, Niugtuk, Qalarte, Qenax

Explain: *"This has been great practice today! In NYO, there are different events using the ball. Two of them that have kicking are the 1 foot- its where you jump off of 2 feet, kick the ball with one foot, then you land with the foot you kicked (demonstrate if possible)."*

"The 2-foot is where you jump off of two feet, then land with two feet. (demonstrate if possible). Remember the more you practice the better you will be!"

Evaluation

Emerging:

Student does not stay with the group and participate in the lesson.

Developing:

Student stays in the group but does not follow the rules.

Proficient:

Student stays in the group and follows the rules of kicking.

Advanced:

Student encourages classmates, shows respect, and follows the rules of kicking.