





## Engage

"Have any of you ever heard of a legend? A legend is a traditional story that has been passed down for many years. Today we are going to learn about the QALUPALIK (pronounced kah-loo-pah-lik). The Qalupalik is a legend that has been traditionally told to children by adults. These special traditional stories often have a meaning in them that helps us learn. In this story, the Qalupalik may seem scary, but try and think of what the story will be teaching us as we listen."

## Explore:

**Activity: 10 Minutes**

Have students sit in a circle. Remind them again that although this may seem like a scary story, it is a traditional story that teaches us a lesson about safety. Read either "A Promise is a Promise" or "Putuguq & Kublu and the Qalupalik". If you have time, feel free to read both of them. If not, read one at a later time. When you have finished the story, prompt children for questions for discussion. Set out drawing and craft materials. Have students draw their own version of the Qalupalik.

## Explain:

"Did you like that story of the Qalupalik? Why or why not? Even though the Qalupalik seemed scary, it is a monster legend that helps us learn about staying safe around water and ice. Can water be dangerous? What did you learn from this story about staying safe?"

"Adults told this story to their children to make sure they did not get too close to the water and fall in. Although water helps us in many ways, it can sometimes be dangerous especially when it is very cold or fast moving. This story is a warning story. It warns us not to stray too far from our parents or adults when we are by the water, and to make sure we are careful around it. Has your family ever given you advice about being around water? Would you like to share some stories your family has told you about water? What are some things we can do to stay safe around water?"

## Center Set Up:

### Whole Group:

Select one of the book titles to read. Display essential questions for the lesson and gather everyone for a story.  
~After reading, students will create their own Qalupalik to glue onto a popsicle stick for later play.

### Sensory Play:

Preparation: Place a dark colored toy in a pan or baking dish. Cover with water and let freeze overnight.  
~After listening to the story, students can play in this center by re-enacting the story events while trying to avoid the "Qalupalik" lurking beneath the surface. Encourage discussion around ways to be safe when playing near the water.

### Dramatic Art and Play:

Preparation: Provide popsicle sticks, paper, colored pencils, and scissors.  
~Encourage students to create other people or animal characters to go with their Qalupalik character from whole group. Allow students to practice cutting the figures out. Glue the pieces onto the popsicle sticks to create puppets. Assist students in retelling events from the story or creating their own.

# EVALUATION

### Emerging:

Student does not participate.

### Developing:

Student listens to story but does not answer questions.

### Proficient:

Student participates and listens to story.  
Student answers questions.

### Advanced:

Student participates and listens to story.  
Student answers questions and discusses water safety.

