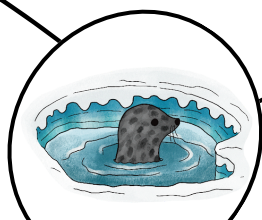


BORROW

Arctic Antics



Find & Count



Read Together



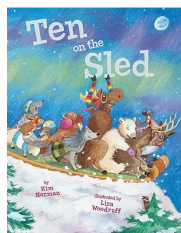
Play Together



Count to Clean Up

Return & Get Another

READ



Ten on the Sled
By Kim Norman

Book Handling Skill
Turns the pages from right to left while reading.

Questions for Discussion:

1. What do you think will happen on their sled ride?
2. How many animals can they fit onto the sled?
3. Which animal do you think will leave the sled next?
4. How did the Caribou feel after all his friends left the sled?
5. Who would you bring along for a sled ride in the snow?

Extension Activity

Try reading the story while using the tune of "Ten in the Bed"!



It's Time for Bed
By Ceporah Mearns

Book Handling Skill
Holds the book correctly and adjusts if upside down.

Questions for Discussion:

1. How does she know it's time for bed?
2. How does this animal like to move?
3. What animal do you think will visit Siasi next?
4. What do you do when getting ready for bed?
5. Which animal might keep you from going to bed on time?

Extension Activity

Play an animal guessing game by giving clues for your little one to make a match with an animal from the story.

INVESTIGATE

Color Exploration

White is the absence of color, which cannot simply be made. Investigate color with your child by showing 'tricks' to achieve white in their drawings. Choose one way to incorporate white:



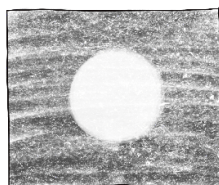
Technique 1: Coloring Around

1. Take white paper and draw or trace an outline.
2. Demonstrate coloring around a white object's background to bring that white object forward.



Technique 2: Removing Pigment

1. Lightly color in the background of a small section of paper with the side of your pencil. Smear it in with your finger or a Q-tip.
2. Using an eraser, erase an egg or a circle shape to demonstrate how to take away color to 'make' the color white.



Can you draw an arctic animal using these techniques?

Honoring Connections Amazing Animal Abilities

Most mammals and birds in the arctic have white fur or feathers or the color can change to white, called camouflage, during the winter months. This camouflage coat helps animals hide (arctic hare, ptarmigan) or become more effective predators (polar bear, arctic fox). White fur also helps to insulate or keep these animals warm because white fur holds in more air which is a natural insulator.

Ask an elder or long-time local to share stories about watching certain animals camouflage into their environments.



DESIGN ... an Oil Lamp

Seal oil lamps were an important source of light and heat for families in Alaska. They come in all shapes and sizes. Lamps were made from rock that was hollowed out into a bowl shape, then filled with seal or whale oil. Wicks were made of tundra cotton or moss that was tightly woven.



short mason jar



oil: seal or vegetable



moss or tundra cotton (not lichen)

Storytelling

How can you incorporate different intonation, expressions and actions to enhance the imagination while listening?

O is for Oil Lamp

"You can warm your hands by the lamp, but you have to be careful not to burn them."

Alaskan Artists
Aero Qapqan, age 3



Step 1: Collect

Gather green moss and allow to dry. (This may take days or weeks until completely dry.)



Step 2: Measure

Measure and mark the jar, one half inch from the bottom.



Step 3: Pour

Help your child pour the oil up to the one half inch mark on the jar.



Step 4: Roll Moss

Bunch up dried moss into a tight bundle.



Step 7: Story time

Tell stories by lamplight. Start with some familiar stories, then take turns making up stories.



Step 5: Safety!

Set oil lamp on a fireproof surface and make sure to have a source of water nearby.



Step 6: Observe

Make observations of the lamp. Does the flame flicker with the wind? Why do you need a wick? Does the lamp give off heat?



What will your story be about?

If you want to add a little creativity and fun, look up "Popcorn storytelling game." Try one of the many variations with your family.

GROW • Community Leaders help guide communities.

Percy was a young man working up north, when elders from his village asked him to work with them. Out of respect for his elders, he started work the next day. After a few years of hands on experience, Percy felt he could help his community if he became more involved. He won a council seat, and was later elected president of the Native Village of Buckland.

To be a good leader, Percy volunteers his time with youth and elders, participates in community activities and gatherings, listens to his community and communicates clearly, sharing his knowledge.

A lot has changed since Percy became a community leader. He works to make his community healthy and prosperous. He believes family activities, humor, humility, friendships and hard work can help communities grow.

How do you help your community?

Percy Ballot, adopted son of Sam & Belulah Ballot from Irene & Eddie Gallahorn of Sesolik, married to June Ballot and father to 7 children and many more grandchildren & great-grandchildren. Served his community for 30+ years as *President of the Native Village of Buckland & Board Member for Maniilaq Association.*

"We are who we come from & the values from elders are important."

EXPLORE

We hope you have enjoyed this kit! Here are some ways you can continue to explore through learning language.

CHILD:
Alaska Native
Language App



Can you find these words?

seal

respect for our elders

