

# BORROW

# Hare-O-ing Tales

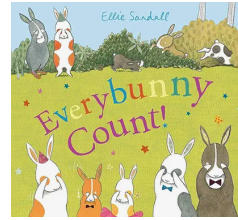


# READ



**The Owl & Two Rabbits**  
By Nadia Sammutok

**Book Handling Skill**  
Holds book correctly upright.



**Everybunny Counts**  
By Ellie Sandall

**Book Handling Skill**  
Count the words on a page while reading together.

### Questions for Discussion:

1. What do you think might happen to the little rabbits?
2. Why did the owl let them go?
3. Do you think they will be able to move the boulder?
4. What lesson did the rabbits learn from this experience?
5. What are some ways you can be safe when playing outside?

### Questions for Discussion:

1. Where can the bunnies hide?
2. What animal do you think they will count next?
3. Where can we find the fox on this page?
4. What will they find inside the den?
5. What games do you like to play with your friends?

### Extension Activity

Play a game of tag together. Take turns being the hare or an owl. Try to escape the owl!

### Extension Activity

Play a game of hide-n-seek around the house. Where will be the best hiding spot?



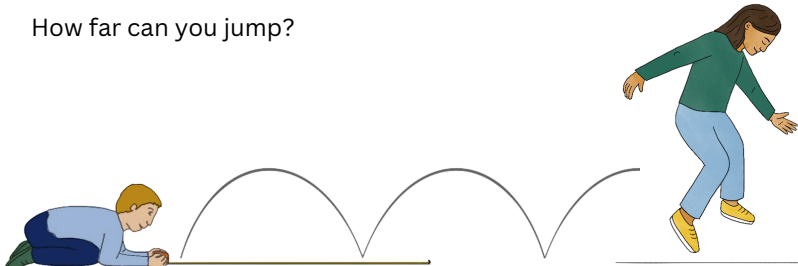
# INVESTIGATE

## Arctic Hare Leap

1. Set masking tape on the floor to mark a place to start. If outdoors, draw a line in the dirt.
2. Use your arms and legs to lift yourself while leaping off of two feet.
3. Mark the back of your heel as you land with tape or a line drawn.
4. Use a measuring tape to show how far you were able to jump.

Arctic hares can leap a distance of almost 10 feet!

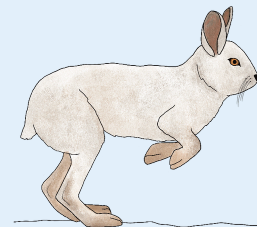
How far can you jump?



## Honoring Connections Amazing Animal Characteristics

The amazing shape of the hare's feet allow them to stay on top of deep, soft snow in the winter. They are also super fast and can run up to 37 miles an hour.

That's as fast as a 4-wheeler can drive. This animal characteristic contributed to the helpful design of snowshoes, so we too could walk easily across the pillowy soft snow.



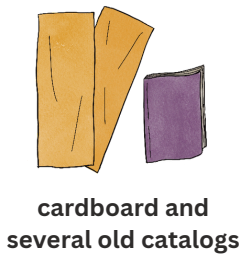
Ask an elder or long-time local to share stories about knowledge they've gained from watching arctic hares.

# DESIGN ... Eagle Wings

Eagles are natural predators of the Hare. Often in nature, shapes have a very specific purpose such as the shape of a wing. The shape of an eagle's wings are formed to be aerodynamic, to provide lift and enable birds the ability to fly.

Lines & Shapes  
When lines are connected, a shape is formed. Shapes can be organic, free flowing with uneven lengths and sides, or can be geometric like circles, squares and triangles.

**E is for Eagle**  
"We recycled old magazines and cardboard to make these Eagle wings. Recycling old things to make art is fun to do."  
**Dena'ina Artist**  
Sawyer Hill, age 4



**Step 1: Foundation**  
Measure your child's 'wingspan' from the tips of the fingers of one hand to the next. Outline a wing shape and cut out. Mark each wrist, and use duct tape to hold scrunchies in place for your little one to attach their wrist to the wings.



**Step 2: Feathers**  
Trace a large feather diagonally across the center of a magazine, or make your own template.



Cut through all the layers of the magazine so you can make many feathers at once. Take out center staple after cutting.



**Step 3: Wings**  
Cover a large area of the wings with the glue stick and have your child place feathers all over the wings. With left over 'feathers' cut off just the tips to make smaller feathers to layer over the top half of the wings.

**Step 4: Secure**  
For a more secure fit, Use string or elastic to make shoulder straps.



**Step 5: Play**  
Use your imagination to become an eagle searching for a hare.



*What else could you use to make feathers?*

## GROW • PE Teachers help students learn about fitness.

Todd started coaching when he was still in high school and continued through college. He enjoyed those experiences so much, he decided to become a PE teacher. Creating a good rapport and relating to students on a personal level has helped him to become a great teacher.

Equipment set up and take down can be very hard work and it requires a lot of planning. Because we live in Alaska, harsh weather can make outside sports more difficult, but with proper winter clothing, Todd can teach cold weather sports like snowshoeing!

Todd learned how to break down a skill to teach others. He uses key words to help describe each step.

*Practice being a coach. Explain how to leap to a friend or family member.*



**Todd Wimer - Tanana Middle School - Fairbanks, AK  
PE Teacher & Coach**

"Learning about physical and mental wellbeing is important to live a healthy lifestyle. When a student has a positive experience doing physical activities, they are more likely to continue those activities when they are grown up and they can enjoy a healthy life!"



## EXPLORE

We hope you have enjoyed this kit! Here are some ways you can continue to explore through learning language.

**CHILD:**  
Alaska Native  
Language App



Can you find these words?

measure

hare

